MIDRESHET AMIT

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At Midreshet AMIT you will spend your day learning, questioning, and growing in Torah. From interesting and challenging classes to guided chavruta study, your year will be packed with learning geared to help you develop a lifelong connection to Torah.

A PLACE TO LIVE

Our home is in the Alfred M. and Frances Frisch Beit Heyeled, AMIT's well known foster home for disadvantaged youth. You will spend each day teaching, playing and caring for some of Israel's most needy children. As a "big sister" you will be challenged to give of yourself in a way you have never experienced before and you will be transformed in the process. A PLACE TO LIVE

ISRAEL

Your connection to Israel will be deepened through the unique experience of living and interacting with dedicated Israeli couples and committed Sherut Leumi young women. Through adventurous tiyulim, you will travel the length and breadth of Israel, learning about our history and gaining a greater appreciation for the State of Israel.

TORAH

The courses of Midreshet AMIT are designed to challenge and guide you as you develop your skills and knowledge. A wide variety of intermediate and davnaced classes on topics such as Tanach, Halacha, Hashkafa and Jewish History are offered.

Mornings include time spent in the Beit Midrash preparing texts and researching fascinating subjects under the supervision of caring and knowledgeable teachers. Our regular schedule is enhanced by special events and guest speakers.

At Midreshet AMIT, you will appreciate the relevance of our tradition in today's society and develop a lifelong commitment to Torah.

In addition to the variety of exciting classes offered every week at Amit, there are numerous opportunities for additional learning. Monthly Yimei lyun are dedicated to topics of interest such as Shemittah, Zionism, Modern Orthodoxy, Emunah and Holidays with text based shiurim, special speakers and experiential programming. Our Rosh Chodesh Scholar in Residence Lecture Series gives our students the opportunity to learn from some of Israel and America's most prominent leaders. Optional daily chavrutot with our staff allow our students to engage in learning one on one and focusing on topics of their choice.

The Amit Beit Midrash has been an amazing environment for us this year - whether it be a place to learn quietly alone , engage with peers in a chevruta or learning one on one with the amazing staff, we all know that we always have a place full of endless Torah learning opportunities. Coming to Amit is something I wouldn't exchange for anything and am beyond grateful for the experience.

LEXI WEINBERGER Sydney, Australia





WEEKLY GLASSES

- Advanced Gemara
- Around the Jewish Year
- Art of Tefila
- Bein Adam LChaveiro
- Chasidut
- Creative Tanach
- Exploring Tefila
- Halacha and Medicine
- Hilchot Kashrut
- Hilchot Shabbat
- History of the Holocaust
- History of Zionism
- Inspiration in Every Day Life
- Intermediate Gemara
- Introduction to Modern
 Jewish Issues
- Jerusalem U: Israel Advocacy
- Kuzari
- Life Cycles
- Michtav M'Eliyahu
- Middot & Mystical

Meditation

- Middot Workshop
- Neshama of the Aleph Bet
- Philosophers of the 18th and 19th Century
- Philosophy of Tanach
- Power of Tefila
- Sefer Shemot
- Sefer Yehoshua
- Sefer Yona
- Sheilot U'Teshuvot
- Sibling Rivalry
- Sounds of Torah
- Survey of Classic Books and Authors
- Survey of the 613 Mitzvot
- The Weekly Haftara
- Thought of Rav Kook
- Torah and Science
- Ulpan
- Villains in Tanach
- Women in Jewish Law

- Women in Tanach
- World of Medrash
- Yerushalayim: A History







BEIT MIDRASH

I came to AMIT only knowing two other girls and thought it would be challenging to make new friends. However, everyone was so friendly and outgoing from the first day. Although its only been a few weeks, I already made so many new friends from all over the world and feel so comfortable with all of the girls.

YVONNE BENUN Brooklyn, NY The teachers at AMIT put a lot of effort into forging and maintaining close and meaningful relationships with the students. They are available around the clock for chavrutot and guidance as well as hosting us for Shabbatot in their homes. We know we can count on the staff to help us make the most out of this special year in Israel.

NAVA KATZ Boston, MA





The Mashgiach and Mashgicha Ruchani provide our students with the religious and spiritual guidance necessary to reach and even exceed their goals. By learning with the girls one on one or in smaller groups (chubura style), the mashgichim develop close and meaningful relationships with each and every Amit student.

The Beit Midrash is the center of spiritual life at AMIT. It is a place to learn independently or to learn b'chavruta with a staff member or a friend. It is a place to daven and meet one on one with our Mashgiach or Mashgicha Ruchani, our madrichot and our faculty. It is a place for quiet contemplation. Most of all, it's a place to connect with people who want to grow just like you.





MRS. MIRI KWALWASSER Mashgiacha Ruchani

The unique thing about classes at AMIT is that they are all personalized for each individual student. Whether you are interested in high level text based classes or more philosophical ones, there is a wide range of options to choose from. You can choose from Advanced Gemara, many Tanach and Halacha classes, Jewish history or even some very creative classes like Jewish Meditation, Torah through Art and Science or even a music class called Sounds of Torah. Being able to meet with Rav Goldstein for guidance and advice on a reoccurring basis was so helpful in order to create a balanced scheduled that was designed for me. The small class sizes enable us all to fully engage with the students and teachers in each class.

RAQUEL ABRAHAM Miami, FL





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Packers

Midreshet AMIT provides unique opportunities for daily chesed. As you work with the children at Beit Hayeled you will use your talent and creativity to design and lead innovative programs. With care and compassion, you will have the opportunity to help disadvantaged children with their academic and social challenges. You will become part of a "mishpachton" (foster family unit) helping to provide much needed shelter, structure and stability.

Pantry Packers

Additionally, you will work with talented and dedicated post high school Sheirut Leumi girls who have volunteered to spend a year of their lives helping the children at Beit Hayeled. This entire project is supervised by a joint effort between the staff of Midreshet AMIT and the professionals at Beit Hayeled, including educators, psychologists and therapists. Throughout the year, these professionals conduct periodic seminars to help you navigate the challenges that you encounter working with foster children. **By giving to others, your lives will be immeasurably enriched and you will develop the skills to become the leaders of tomorrow.**



The Chesed experience at Midreshet Amit is so special because it is incorporated in everything we do. Even when we are simply just walking up and down the stairs we are interacting with the Beit Hayeled children that we work with everyday. It's amazing to be a part of their everyday life.

JESSICA BLUMBERG Chicago, IL At first the prospect of volunteering with the Beit Hayeled foster children seemed challenging, but from the first event we shared together it became clear that it would be an experience like no other. The kids are charming and fun loving and every minute spent with them is rewarding. I am looking forward to continue developing strong bonds with the kids which will remain with me forever.

MICHELLE COHEN London, England





At Midreshet AMIT you will not just spend a year in Israel, you will "Live Israel!" In addition to daily interaction with Israeli children and families at Beit Hayeled, Tanach and Jewish History come to life as we explore the geography of Israel on our monthly tiyulim.

Shabbatonim in communities such as Yerushalayim, Gush Etzion, Tzefat and Beit Shemesh will expose you to the diverse populations of contemporary Israel. The transition of Yom Hazikaron to Yom Haatzmaut was unbelievable. The whole country goes from intense sadness to extreme happiness and no matter what kind of Jew you are, you are part of this great transition. It's exceptionally emotional and empowering and was the highlight of my year at AMIT.

RACHEL GINDI Los Angeles, CA





Additionally, we are part of a large network of 110 AMIT schools throughout the entire country renowned for their academic excellence and professionalism. Throughout the year, we visit some of the Amit schools in areas such as Sederot, Beersheva, Tzefat and Ashkelon and participate in special joint programs.



The incredible Tiyulim at Amit provide memorable experiences outside the classroom environment. Our trips so far have included a challenging water hike, exhilarating midnight tour of the Old City of Jerusalem, a Chesed day of packaging food for the needy and a refreshing spa retreat at a Moshav that energized our bodies and our minds just in time for the Yamim Noraim. Each of these outings have left me with a new outlook on my relationship with the Land of Israel for which I am truly thankful.

CARLY ARENSON New Rochelle, NY



	SUNDAY	MONDAY	TUESDAY Morning Seder	WEDNESDAY	THURSDAY
9:00-9:15	AM Meeting: Weekly Updates	AM Meeting: Israel News	AM Meeting: Minutes of Inspiration		AM Meeting: Parsha Tidbits
9:15–10:15 CLASSES OR OPEN BEIT MIDRASH 10:20–11:20 CLASSES OR OPEN BEIT MIDRASH 11:25–12:30 CLASSES OR OPEN BEIT	Women in Jewish Law Philosophers of the 18th and 19th Century Power of Tefila Around the Jewish Year World of Medrash Women in Tanach Hilchot Kashrut Yerushalayim: A History Middot & Mystical Meditation The Weekly Haftara Power of Tefila	Introduction to Modern Jewish Issues Art of Tefila Hilchot Shabbat Torah and Science Life Cycles Neshama of the Aleph Bet Villains in Tanach Hilchot Shabbat Introduction to Modern Jewish Issues Intermediate Gemara Sefer Yona	Inspiration Women in Jewish Law Philosophers of the 18th and 19th Century Power of Tefila Around the Jewish Year World of Medrash Women in Tanach Hilchot Kashrut Yerushalayim: A History Middot & Mystical Meditation The Weekly Haftara Power of Tefila	CHESED Out of The Building	Introduction to Modern Jewish Issues Art of Tefila Hilchot Shabbat Torah and Science Life Cycles Neshama of the Aleph Bet Villains in Tanach Hilchos Shabbos Introduction to Modern Jewish Issues Intermediate Gemara Sefer Yona
MIDRASH	Advanced Gemara	Sheilot U'Teshuvot	Advanced Gemara		Sheilot U'Teshuvot

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$\textbf{TORAH} \cdot \textbf{CHESED} \cdot \textbf{ISRAEL}$



SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY Afternoon Seder Afternoon Seder Hilchot Kashrut

2:30–3:30 Classes Or Open Beit	Exploring Tefila	Hilchot Kashrut Survey of Classic Books and Authors Sefer Yehoshua	Exploring Tefila	Face Time with Mrs. Gottlieb	Hilchot Kashrut Survey of Classic Books and Authors Sefer Yehoshua						
	History of the Holocaust Inspiration in Every Day Life		History of the Holocaust Inspiration in Every Day Life								
						MIDRASH	Sefer Shemot	Ulpan	Sefer Shemot		Ulpan
						3:30-4:40	Thought of Rav Kook	Survey of the 613 Mitzvot	Thought of Rav Kook	Halacha and Medicine	Survey of the 613 Mitzvot
CLASSES Or	History of Zionism	Women in Jewish Law	History of Zionism	Philosophy of Tanach	Women in Jewish Law						
OPEN BEIT	Creative Tanach	Kuzari	Creative Tanach	Chasidut	Kuzari						
MIDRASH	Sibling Rivalry	Ulpan	Sibling Rivalry	Middot Workshop	Ulpan						

4:45-6:00

BEIT HAYELED

Michtav M'Eliyahu

Bein Adam LChaveiro

Sounds of Torah

BEIT HAYELED

Jerusalem U: Israel Advocacy

8:00-9:15 Cha NIGHT SEDER Cha

Chavruta & Chabua Chavruta & Chabua Chavruta & Chabua Chavruta & Chabua





SEPTEMBER

Monday, September 5 ב אלול MTA and Torani Arrival

Tuesday, September 6-Wednesday, September 7

ג-ד אלול MTA and Torani Orientation

Thursday, September 8 ה אלול US Group Flight Arrival

Shabbat, September 10 ז אלול Opening AMIT Shabbaton

Sunday, September 11-Monday, September 12

ח-ט אלול Student Orientation

Tuesday, September 13 י אלול Yom Gibbush

Wednesday, September 14 יא אלול Classes Begin

Tuesday, September 20 יז אלול Chessed Trip

Wednesday, September 21 יח אלול Introduction to Selichot

> Evening Activity Motzei Shabbat, September 24 כב אלול

Selichot Begin

Sunday, September 25 בג אלול Night Seder Open House at Staff Homes

Monday, September 26 בד אלול Pre- Rosh Hashana Retreat

OCTOBER

Monday, October 3 -Tuesday, October 4 א - ב תשרי Rosh Hashanah

Wednesday, October 5 ג תשרי Tzom Gedalia, AM Classes, Selichot at Migdal Oz

Sunday, October 9 ז תשרי Yom Kippur Yom Iyun

Wednesday, October 12 י תשרי Yom Kippur Program in Beit Hayeled

Thursday, October 13 יא תשרי Succot Yom Iyun,

No PM Classes

Friday, October 14 -Wednesday, October 26

יב - בה תשרי Succot Vacation

Wednesday, October 19 יח תשרי

Optional Open Sukkah Party at Staff Homes Thursday, October 27 בה תשרי Classes Resume

Friday, October 28 בו תשרי "Live Israel Tivul"

Shabbat, October 29 בז תשרי AMIT Shabbaton

NOVEMBER

Tuesday, November 8 ז חשון Discovery Seminar

Sunday, November 13 יב חשון Chessed Trip

Wednesday, November 16-Thursday, November 17

> טו-טז חשון Overnight Tiyul

Thursday, November 24 כד חשון Thanksgiving Dinner Program

Shabbat, November 26 כה חשון AMIT Shabbaton

Week of December 4th Yom AMIT #1 (1 day trip)

> Month of December Beit Hayeled Group Shabbatonim

Monday, December 19-Tuesday, December 20 יט-ב בסלו AMIT Educational Seminar #1

DECEMBER

Wednesday, December 21 בא בסלו MTA Southern Hemisphere Closing Event

Sunday, December 25

בה בסלו Chanukah Yom Iyun Chanukah Chagigah

Monday, December 26

כו בסלו Chanukah Tiyul

Tuesday, December 27

כז בסלו Chanukah Brunch and Learn, No PM Classes

Wednesday, December 28-Shabbat, December 31

> כח כסלו - ב טבת Chanukah Vacation

JANUARY

Sunday, January 8 י טבת Assara B'Tevet Fast- Yad Vashem, No PM Classes

Shabbat, January 21 כג טבת AMIT Shabbaton

Motzei Shabbat, January 21

כד טבת Kedma Choir Competition

Sunday, January 22

כד טבת Modern Orthodoxy Yom Iyun





Monday, January 23-Tuesday, January 24

> כה-כו טבת Tiyul to Eilat

Wednesday, January 25-Thursday, January 26

> כז-כח טבת Winter Break

FEBRUARY

Thursday, February 9

יג שבט

Chessed Trip Tu B'shvat Evening Program

Friday, February 17 כא שבט

"Live Israel Tiyul"

Shabbat, February 18 כב שבט AMIT Shabbaton

Wednesday, February 22-Thursday, February 23

> **בו-בז שבט** AMIT Educational Seminar #2

MARCH

Week of March 5th Yom AMIT #2 (1 day trip)

> Tuesday, March 7 ט אדר Purim Yom Iyun

Thursday, March 9 יא אדר Ta'anit Esther, AM Classes Only **Shabbat, March 11** יג אדר Optional IN Shabbaton

Sunday, March 12 טו אדר Purim Chagigah

Monday, March 13

טו אדר Shushan Purim, Purim Seudah Brunch

Friday, March 17

יט אדר Jerusalem Marathon: GO TEAM AMIT

Shabbat, March 25 בז אדר AMIT Shabbaton

Sunday, March 26

כח אדר Pesach Yom Iyun

Monday, March 27

בט אדר Matza Baking

Tuesday, March 28-Shabbat, April 22

> א ניסן-כו ניסן Pesach Vacation

Tuesday, March 28

א ניסן Optional Poland Trip Departure

APRIL

Tuesday, April 4 ח ניסן Optional Poland Trip Return

Sunday, April 23 בח ניסן Night Seder Resumes **Monday, April 24** בח ניסן Yom Hashoah

Tuesday, April 25 כח ניסן Trip to Har Herzl

Friday, April 28 ב אייר "Live Israel Tiyul"

Shabbat, April 29 ג אייר AMIT Shabbaton

MAY

Monday, May 1 ה אייר Yom Hazikaron

Tuesday, May 2 ו אייר Yom Haatzmaut

Wednesday, May 10-Thursday, May 11 אייר יד - טו Overnight Tiyul

Week of May 14 Yom AMIT #3 (1 day trip)

> Sunday, May 14 יח אייר Lag Baomer Trip

Wednesday, May 24 כח אייר

Yom Yerushalayim Sunday, May 28-

Monday, May 29 ג-ד סיון

College Prep

Wednesday, May 31 ו סיון Shavuot Program

JUNE

Shabbat, June 3 ט סיון AMIT Shabbaton

Sunday, June 4 י סיון Closing Banquet

Wednesday, June 7 יג סיון

Dorm Closes

Thursday, June 8-Thursday, June 29

יד סיון-ה תמוז Optional Summer Zman Learning Program

All Beit Hayeled special activities and events TBA upon arrival.

ALL dates and events are tentative and subject to change.

No vacations are permitted without permission from the school administration.



THE CAMPUS

Our comfortable dormitory is located in residential Gilo, a southern suburb of Yerushalayim. Each suite has a fully equipped kitchen, air conditioning, American washer/ dryer, exercise equipment, internet access, and a lounge area. Three delicious meals are provided daily and the dormitory is open all year round. You can choose to stay "home" for Shabbat with your Beit Hayeled family or enjoy hospitality offered by AMIT faculty and friends. The highest security is maintained with closed circuit surveillance cameras and a full time armed guard. Caring madrichot live on the premises and are available to help provide students with all of their needs.





OUR STUDENTS

AMIT STUDENTS ARRIVE FROM THE FOLLOWING HIGH SCHOOLS:

Beren Academy (Houston, TX) Beth Rivkah (Melbourne, Australia) CHAT (Toronto, ON) Fuchs Mizrachi (Cleveland, OH) HAFTR (Lawrence, NY) HANC (Plainview, NY) Hasmonean High School (London, UK) Hillel Day School (Miami, FL) Ida Crown Academy (Chicago, IL) Kesser Torah (Sydney, Australia) Maayanot Yeshiva High School for Girls (Teaneck, NJ) Magen David (Brooklyn, NY) Maimonides (Boston, MA) Melvin J. Berman Hebrew Academy (Potomac, MD) Moriah College (Sydney, Australia) North Shore Hebrew Academy (Great Neck, NY) Rabbi Alexander S. Gross Hebrew Academy (Miami Beach, FL) Rae Kushner Yeshiva High School (Livingston, NJ) RAMAZ (New York, NY) SAR (Riverdale, NY) Shalhevet (Los Angeles, CA) Stella K. Abraham High School for Girls (Hewlett, NY) Frisch (Paramus, NJ) Ulpanat Orot (Toronto, ON) Weinbaum Yeshiva High School (Boca Raton, FL) Westchester Hebrew High School (Westchester, NY) Yeshiva College (Johannesburg, South Africa) Yeshiva of Atlanta (Atlanta, GA) Yeshiva of Flatbush (Brooklyn, NY) Yeshiva of Greater Washington (Silver Spring, MD) YU High School for Girls (Queens, NY) YULA (Los Angeles, CA)

AMONG THE UNIVERSITIES OUR STUDENTS ATTEND ARE:

Bar Ilan University (Israel) **Barnard College Boston University Brandeis University Columbia University Emory University** Fashion Institute of Technology Hunter College **IDC** (Israel) Johns Hopkins University London School of Economics McGill University New York University **Parsons College Queens College** SUNY Albany **SUNY Binghamton Touro College** UCLA University College of London University of Maryland University of Michigan University of Pennsylvania Washington University Yeshiva University - Stern College for Women York University



ADMINISTRATION



Mrs. Ilana Gottlieb Director

A natural and highly regarded educator, Mrs. Gottlieb has served as director of Midreshet AMIT since 2009-2010. In addition to her administrative responsibilities, Mrs. Gottlieb's open-door policy and engaging personality enables her to develop close personal relationships with each of the students at AMIT. Mrs. Gottlieb earned a BA in Education summa cum laude from Stern College, as well as a Masters degree in Education and Administration from Azrieli Graduate School, where she was co-valedictorian. With her special combination of personal warmth and professional excellence, Mrs. Gottlieb is an inspiring leader and ideal role model for our students. Mrs. Gottlieb lives in Ramat Shilo with her husband and four children.



Rabbi Daniel Goldstein Rav HaMidrasha

Rabbi Daniel Goldstein has been a faculty member at Midreshet AMIT since we opened our doors in 2007. Prior to making aliyah, Rabbi Goldstein served as the rabbi of Kingsway Jewish Center in Brooklyn, NY. Rabbi Goldstein received his BA from Yeshiva College, Semicha from RIETS, and an MA in History from Brooklyn College. With his wise academic guidance and genuine care for each individual, Rabbi Goldstein ensures that every student maximizes the opportunities available for her at AMIT. Rabbi Goldstein and his family live in Neve Daniel.



Mrs. Barbara Vidomlanski Coordinator of Student Life

Mrs. Barbara Vidomlanski's round-the-clock guidance and good humor ensure that our students are happy and cared for 24/7. With innovative Shabbatonim, tiyulim, and chesed programs, Barbara – as she's known at AMIT – adds fun, exciting, and inspiring out-of-the-classroom components to the AMIT experience. Barbara earned her degree in education from Stern College and in addition to the various formal and informal educational positions she has held, she has spent many summers on staff at Camp Moshava. Barbara and her husband live in Ramat Shilo with their six children.



Mrs Shirelle Avreky Eim Bayit and Beit Hayeled Chesed Coordinator

Shirelle is our first Midreshet Amit alumnus to serve as a full time staff member. As Eim Bayit, she works with both faculty and students to make sure that all the girls are well taken care of. As Beit Hayeled Chesed Coordinator, she oversees all interactions between the foster families and the Amit students and runs exciting special events in our building. Her warmth and dynamic personality, and her open home for a late night shmooze or a Shabbat meal have endeared her to the entire Amit family.



THE FACULTY

Our faculty is made up of Israel's most dynamic and caring educators. They have the special ability to make ancient texts relevant and meaningful. They are dedicated to the students and focused on creating lasting relationships. Our faculty are role models and represent an ideal synthesis of love of Torah, Am Yisrael and Eretz Yisrael.





Mrs. Nili B'Simcha



Rabbi Jonathan ein Duker



Mrs. Pescha Fischer



Mrs. Esther Grossman



Mrs. Esther Hammer



Mrs. Dara Knapel



Rabbi Jason Knapel



Rabbi Noam Koenigsberg



Mrs. Miri Kwalwasser



Mrs. Adina Mann



Reb Norman Meskin



Rabbi Rafi Rosenblum



Mrs. Naomi Schraeger



Mrs. Devorah Starr



Mrs. Geula Twersky



Rabbi Shalom Weisberg



Rabbi Aharon Wexler



Max Daniels



Rav Jonny Friedman



Rav Aaron Rosenberg

Rav Eytan

Goldstein



Ms. Shoshana Grad







Steinhard



Ms. Dina Turk







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